

Hello boys and girls! I hope you all had a lovely, relaxing weekend! I went on a beautiful mountain hike and went for a walk with my mum, sister and dog Rosie! I have uploaded some photos to show you what I have been getting up to 😊.

This is now week 8 of home learning and I will be uploading tasks for you each day! Remember to try your best! You have all been doing amazing! ✨✍️

This week is also Mental Health Awareness week, focusing on the topic of kindness 💖. I have attached a lovely kindness challenge from BBC Bitesize if you would like to give it a go!

Have a great week and remember to send in pictures of everything you get up to! Stay safe 🌈.

Miss Kealey.



PIC•COLLAGE

Mental Health Awareness Week

The

7 Day

KINDNESS

Challenge!

Monday

**Make a
cup of tea
for
someone
in your
family**

Tuesday

**Send
someone
you haven't
seen in ages
a letter or
a postcard**

Wednesday

**Donate
food or
clothes to
people
in need**

Thursday

**Bake a cake
or some
biscuits to
cheer
someone
up**

Friday

**Ask your
parents for
a chore that
would
really help
them out**

Saturday

**Video call
someone
you know
is feeling a
bit lonely**

Sunday

**Be kind to
yourself
and spend
some time
on YOU!**