

# Practice Reading Tests - Year 3 and 4 - Usain Bolt

Read all the boxed text then answer the questions.

## Biography

So, how do you become the greatest sprinter of all time?

Usain St. Leo Bolt once said, 'When I was young, I didn't really think about anything other than sports.' He first showed sprinting potential at a very young age and became the fastest 100m runner at his school by the age of 12. Whilst at secondary school, Usain was encouraged to concentrate on sprinting, which led him to win his first High School Championships medal. Since then, he has set new world records, overcome injuries, won many medals, become a national treasure in his home country of Jamaica and he hasn't even finished yet!

Usain was born on 21st August 1986 in Jamaica. He grew up with his brother and sister, and enjoyed playing football and cricket.

He took part in his first race whilst at primary school, but sprinting wasn't his first love. Bolt has often said that if he hadn't have become a sprinter, he would have loved to have been a fast bowler, having been inspired by Waqar Younis, a former cricket player.

Whilst at high school, Usain focused on sprinting and won his first silver medal in the 2001 High School Championships. His talent caught the eye of former Jamaican Olympic sprinter Pablo McNeil, who went on to become his coach. Pablo would sometimes get frustrated with Bolt as he didn't always take his training seriously and enjoyed playing practical jokes.



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## Practice Reading Tests - Year 3 and 4 - Usain Bolt

Read all the boxed text then answer the questions.

The 2001 World Youth Championships was Usain's first appearance on the world stage. He didn't win any medals, but he did set a new personal best in the 200m race. The World Junior Championships came next for Usain and it was here that he became the youngest World Junior gold medallist.

In 2004, Usain became the first junior sprinter to run 200m in under 20 seconds. With this fantastic time, he turned professional and he was also chosen to compete in the Jamaican Olympic team. Bolt went to the Olympic Games in Athens in 2004 but a leg injury ruled him out of winning any medals.

He had offers to go and train in America but Usain wanted to stay true to his roots and even though the training facilities were basic, he stayed in Jamaica. For some time after that, injuries caused him problems but he always came back stronger.

As the years passed by, Bolt took his sport more seriously and began to train harder to win events. At the 2008 Beijing Olympic Games, he broke more world records and won gold in the 100m, 200m and relay. This was followed by the World Championships in Berlin, where he improved his times even further.

Bolt competed in the 100m, 200m and relay at the London 2012 Olympic Games, where he won golds in each event once again. This made him the first person to win all three events at consecutive Olympic Games. Following his performance in London, a fellow runner said, 'There's no doubt he's the greatest sprinter of all time.'

Usain is nicknamed 'Lightning Bolt' and continues to be widely regarded as being the fastest sprinter of all time. He plans to retire in 2017.



Olympic Games	Event	Medals
2008 Beijing	100m, 200m, relay	Gold
2012 London	100m, 200m, relay	Gold

Name:

Date:

14  
total marks

## Practice Reading Tests - Year 3 and 4 - Usain Bolt

1. Draw three lines to each correct statement.

At the age of 12

Silver Medal

Inspiration

Usain would have loved to have been a fast-bowler, having been inspired by Waqar Younis.

He won his first silver medal in the 2001 High School Championships.

He became the fastest 100m runner at his school.

3 marks

2. Find and copy the name of Usain's coach.

1 mark

3. According to the text, how many gold medals did he win in London 2012? (Tick one)

2 marks

He won one gold.

☐

He won three silver medals.

☐

He won golds in each event.

☐

He failed to win any gold medals.

☐

He won a gold, silver and bronze medal.

☐

total for this page

## 4. Put ticks to show which statements are true and which are false.

	True	False
Usain became the first junior sprinter to run 200m in under 20 seconds.		
A leg injury ruled him out of the Beijing Olympic Games.		
Usain has been nicknamed 'Lightning Bolt'.		
He won gold in both London and Beijing in the 100m.		

3 marks

## 5. Number the statements in the correct order of Usain's sporting achievements. One has been done for you.

4 marks

Usain became the first junior sprinter to run 200m in 20 seconds.

The 2001 World Youth Championships was Usain's first appearance on the world stage.

He suffered from a leg injury in Athens that ruled him out of winning any medals.

He won three gold medals in the London Olympic Games.

Usain plans to retire in 2017.

\*\* END OF TEST \*\*

total for  
this page

1

At the age of 12	Usain would have loved to have been a fast-bowler, having been inspired by Waqar Younis.
Silver Medal	He won his first silver medal in the 2001 High School Championships.
Inspiration	He became the fastest 100m runner at his school.

3 marks

2 Pablo McNeil.

1 mark=

3

He won one gold.	<input type="checkbox"/>
He won three silver medals.	<input type="checkbox"/>
He won golds in each event.	<input checked="" type="checkbox"/>
He failed to win any gold medals.	<input type="checkbox"/>
He won a gold, silver and bronze medal.	<input type="checkbox"/>

2 marks

4

	True	False
Usain became the first junior sprinter to run 200m in under 20 seconds.	✓	
A leg injury ruled him out of the Beijing Olympic Games.		✓
Usain has been nicknamed 'Lightning Bolt'.	✓	
He won gold in both London and Beijing in the 100m.	✓	

3 marks

5

Usain became the first junior sprinter to run 200m in 20 seconds.	<input type="text" value="2"/>
The 2001 World Youth Championships was Usain's first appearance on the world stage.	<input type="text" value="1"/>
He suffered from a leg injury in Athens that ruled him out of winning any medals.	<input type="text" value="3"/>
He won three gold medals in the London Olympic Games.	<input type="text" value="4"/>
Usain plans to retire in 2017.	<input type="text" value="5"/>

4 marks